



A Prayer for Black History Month

Compassionate God, who sent Jesus Christ to deliver us from all manner of injustices and inequalities, create in us new hearts and enlarged visions to see the image of God in every person of every background, race and ethnicity. May we be generous in our love of others

as we work towards ending racism and injustice; creating communities of human flourishing, through Jesus Christ our Lord.

Amen



Healthy Boundaries for Ministry

Whether paid or volunteer, part-time, full-time, or all-the-time, people called to the ministry of Christian formation can be characterized by their generosity of spirit, creative energy, and most of all, their love for God and the people they serve. Yet

sometimes the very characteristics that equip people for this ministry are the same characteristics that allow them to become burned-out, frustrated, overwhelmed and feeling under-appreciated.

Read the Article



Practice What You Preach: Self-Care for Faith Formation Leaders

I was recently in a group discussion where the leader asked, "Do you practice what you preach?" This is a fair question and a good question.

I immediately thought of a moment years ago when I was working at a nonprofit agency specializing in court-ordered therapy groups. I had just wrapped up a session with men who had been charged with a domestic violence offense. I was finishing paperwork and straightening the room when one of the participants came up to me and said, "I just realized, you're one of us, aren't you?"

Read the Article



Good Reads

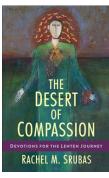
Title: Four Hundred Souls: A Community History of African America 1619 - 2019

Editors: Ibram X. Kendi and Keisha N. Blain

Four Hundred Souls is a unique one-volume "community" history of African Americans. The editors have assembled ninety brilliant writers, each of whom takes on a five-year period of that four-hundred-year span. The writers

explore their periods through a variety of techniques: historical essays, short stories, personal vignettes, and fiery polemics. They approach history from various perspectives: through the eyes of towering historical icons or the untold stories of ordinary people; through places, laws, and objects.

Available Here



Title: The Desert of Compassion: Devotions for the Lenten Journey

Author: Rachel M. Srubas

In these daily devotions for the Lenten journey, author Rachel M. Srubas draws on her life and learnings as a contemplative pastor, spiritual director, and desert dweller. Written in language both relatable and reverent, *The Desert of Compassion* provides daily Lenten sustenance inspired by sacred Scripture, present-day teachings, and personal experience. It is equally suitable for individual readers and spiritual

formation groups.

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